

# Confusing Families? Using the Domains Framework for more effective assessment and treatment

CONFERENCE  
PROGRAMME

**Friday 21 June  
2013**

**Fee: £110**  
*(£85 if booked by  
19 April 2013)*

**Tavistock Centre,  
London**



**Attachment processes in parent-child relationships are important, but other fundamental family interactional processes also need to be identified and understood. This conference introduces the Domains Framework and its applications in clinical practice, to facilitate this understanding.**

The domains based analysis of family relationships provides a way of identifying key emotions and behaviours in children, and their corresponding parent responses, which jointly define the domains of exploration, safety, attachment and discipline / expectation.

The core idea is that interpersonal understanding and emotional and behavioural regulation in family members are promoted where the joint definition and enactment of domain processes are clear. Lack of clarity or mismatching of domains undermines these processes.

In work with families who are struggling with distressing and repetitive emotional entanglements, the domains model can be illuminating – both for clinicians and the families themselves - and can point towards clear therapeutic strategies.

The Domains Framework is a contemporary, clinically-relevant, novel and distinct model of working, evidentially grounded in various bodies of knowledge from child development research, to family therapy to social psychology.

This one-day conference will include:

- an outline of the framework
- an account of the framework's relationship to (i) family therapy, (ii) CBT and (iii) psychiatric assessment and diagnosis
- presentations directly focused on detailed clinical application of the model
- break-out groups where attendees can apply the framework to their own work

## Programme

- 9.00 Registration and coffee**
- 9.25 Welcome, Introduction and Chair**  
Ellie Kavner, *Head of Systemic Psychotherapy, The Tavistock and Portman NHS Foundation Trust*
- 9.30 Introduction to Family Domains**  
Bernadette Wren, *Consultant Clinical Psychologist and Systemic Psychotherapist and Trust-wide Head of Psychology, The Tavistock and Portman NHS Foundation Trust*
- 10.15 The Domains Framework in the Context of Systemic Ideas and Practice**  
Charlotte Burck, *Consultant Systemic Psychotherapist, The Tavistock and Portman NHS Foundation Trust*
- 11.00 Coffee Break**
- 11.30 Identifying Domain Processes in Parent-Child Interactions: Clinical and research issues**  
Jonathan Hill, *Professor of Child and Adolescent Psychiatry, University of Manchester and The Tavistock and Portman NHS Foundation Trust* and Paul Tranter, *Consultant Family Therapist, Betsi Cadwaladr University Health Board, Gwynedd, Wales*
- 12.30 Lunch**
- 1.15 Welcome Back**
- 1.20 Identifying Domain Processes and Creating a Platform for Treatment - Small Group Work**
- 2.40 Tea Break**
- 3.00 The Interface Between the Domains Framework and Cognitive Behavioural Therapy**  
Andrew Beck, *Consultant Clinical Psychologist, Central Manchester University Hospitals NHS Foundation Trust*
- 3.30 Psychiatric Assessments and the Domains Framework**  
Rob Senior, *Consultant Child and Adolescent Psychiatrist and Medical Director, The Tavistock and Portman NHS Foundation Trust*
- 4.00 The Domains Framework in Intensive Interventions for Hard-to-treat Adolescents**  
Toby Biggins, *Consultant Child and Family Therapist, Home-based Therapy & Complex Needs Service, Cheshire and Wirral NHS*
- 4.30 Close**

# CONFERENCE APPLICATION FORM

## Confusing Families: Using the Domains Framework for more effective assessment and treatment

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### PERSONAL DETAILS

Please complete clearly in block letters

TITLE

FIRST NAME

SURNAME

JOB TITLE

DEPARTMENT

ORGANISATION

ADDRESS

CITY

COUNTY

POSTCODE

COUNTRY

TEL

FAX

EMAIL (please print clearly)

SIGNATURE

DATE

### PAYMENT DETAILS

I enclose a cheque for £110/£85 made payable to The Tavistock and Portman NHS Trust

Please debit my Credit/Debit Card for £110/£85

Visa / MasterCard / Switch/Maestro / Delta  
(Delete as appropriate)

Card Number

Expiry date

Issue No/Start Date  
(Switch/Maestro only)

Security code  
(Last 3 numbers on the back of the card)

If your organisation will be paying and needs invoicing, please read *Payment Terms and Conditions* for how to arrange this.

### SPECIAL REQUIREMENTS

Please indicate here if you have any special dietary or any other requirements:

### WHERE DID YOU HEAR ABOUT THIS CONFERENCE?

- Flier
- Email
- Social media (Twitter, Facebook, LinkedIn)
- Advert (please state)
- Trust website
- Other website (please state)
- Flier passed on by colleague
- Personal Recommendation
- Tavistock event/notice board
- Other events (please state)
- None of the above

### TERMS AND CONDITIONS

#### HOW TO BOOK

- Please complete this form, using BLOCK letters (photocopy this form if more than one is required, one form per person)
- Return the completed form and payment to the address below
- Alternatively, please book online at [www.tavistockandportman.ac.uk/domains](http://www.tavistockandportman.ac.uk/domains)

#### PAYMENT TERMS

- Payment must be made in full and before the event
- Payment can be made online (Paypal), by cheque or credit card, receipts will be issued
- Invoices can be issued to organisations for payment, on request and on receipt of an official purchase order. Invoices will not be issued without the appropriate paperwork
- Invoices cannot be issued within 14 days prior of the conference date. All bookings made in this time must be paid in full at the time of booking

#### CONFIRMATION

- Bookings will be confirmed on receipt of a completed application form and full payment of the conference fee
- Joining instructions will be sent to you by email if an email address is given, otherwise will be sent in the post

#### CANCELLATION POLICY

- All cancellations must be made in writing to the address below
- All cancellations are subject to an administration charge of 10% of the conference fee
- Cancellations made no later than 14 days prior to the conference are eligible for a full refund minus the administration charge
- No refunds will be given for cancellations made within 14 days of the conference date
- The Tavistock and Portman NHS Foundation Trust reserves the right change the conference content, timing, speakers or venue without notice

#### DATA PROTECTION

The Trust does not make your details available to any external organisations. Your details will be added to our database to process your request and to keep you updated with relevant training and events. If you do not wish to receive this information, please tick the box

#### FURTHER INFORMATION

Conference, CPD and Events Unit  
The Tavistock Centre,  
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